

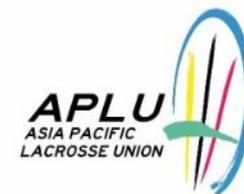


Team Bulletin - June



**ASIA PACIFIC
LACROSSE**

MEN'S CHAMPIONSHIP
WELLINGTON, NZ | 2026





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1.0 Tournament Details

Kia ora, tena koutou, tena koutou, tena koutou katoa

Greetings, greetings, greetings to you all

**Welcome to Te Whanganui-a-Tara, Wellington and Te Awa Kairangi ki
Uta, Upper Hutt.**

NZ Lacrosse is pleased to welcome you all to the 2026 ASPAC Men's Championships.

Outlined in this bulletin is all the updated and important information you will need for your team's preparation for this tournament.

Dr Catriona McBean
Event Manager



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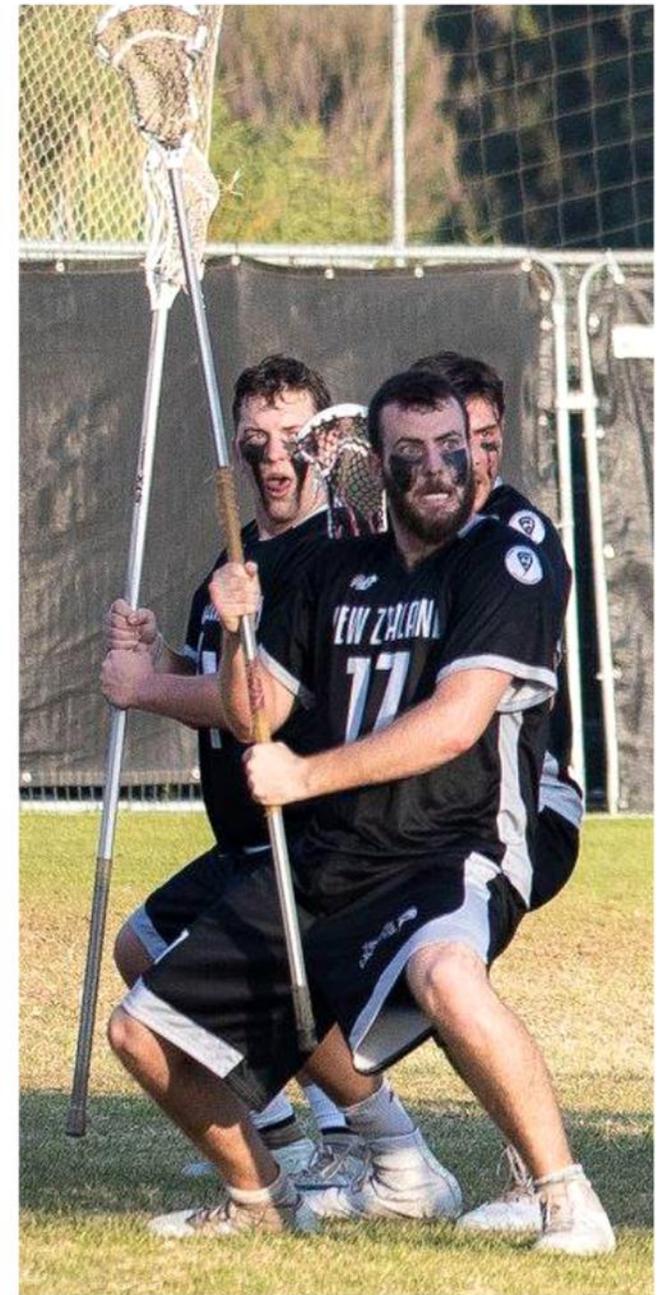
Tournament Host
New Zealand Lacrosse

Contact Person
Dr Catriona McBean
Event Manager
Email: APLU-events@NZlacrosse.nz
Web: aplacrosse2026.com



*Ka mate, ka mate,
ka ora, ka ora,
Ka mate, ka mate,
ka ora, ka ora*

Te Rauparaha, born in the late 1760's, was a great chief and warrior who settled on the coast to the northwest of Wellington. Not only did he take his tribe from defeat to the conquest of new territories in central New Zealand, he also composed the famous haka; **Ka Mate Ka Mate**. The impassioned words translate to "I die, I die, I live, I live" represent survival. This haka is about overcoming adversity. When *Te Rauparaha* wrote the haka he was talking about coming out of darkness into light. The haka is a taonga—a treasure of immeasurable value.





KEY DATES

9 JULY

Team registration due
1st payment

1 SEPTEMBER

Team details & catering
notification deadline

1 OCTOBER

Team travel
notification deadline
2nd payment

1 DECEMBER

3rd payment

5 JANUARY

Last day for teams and officials to arrive.
Team practice day

6 JANUARY

Pōwhiri (Welcome)
Pool play - day 1

7 JANUARY

Pool play - day 2

8 JANUARY

Rest day

9 JANUARY

Pool play - day 3

10 JANUARY

2nd A vs 3rd B
2nd B vs 3rd A
4th A vs 4th B (7th Place)

11 JANUARY

Play-in Losers → 5th Place games
Play-in Winners → 3rd Place
1st A vs 1st B → Finals
Closing ceremony

12 JANUARY

Teams and officials depart

Fees information

Following a request from APLU, NZL have reviewed the cost and duration of the tournament. This bulletin outlines the revised pricing and tournament structure from initial communications.

The changes have split out the tournament cost to a base level participatin fee, with teams having options of adding on additional days and/or facilities as they wish.

The Participation Fee is based upon teams arriving the day before the tournament commences, and access to limited additional facilities, such as 3 hours per day changing rooms use (including toilet and showers, shot/cold plunge pools, and physio treatment area's.

The Accommodation Fee covers 7 nights accommodation and meals (breakfast, lunch, dinner). The accommodation will be allocated by Event Manager across dorms, single rooms and/or apartments, unless teams request an accommodation upgrade.

Participation Fee

Includes 6-day competition participation fee
Airport Transfer

NZ\$46,000

Accommodation/Meals Fee

7 nights accommodation & meals

NZ\$1,800/person

Accommodation mix of Village Apartment,
Dorm Rooms and King Single Rooms

Accommodation Upgrade

+ NZ\$60/person/night

Upgrade for full team accommodation in Village Apartments

Accommodation before 5 Jan

NZ\$250 or NZ\$320/night

Includes breakfast, lunch & dinner

Training/Recovery Services & Meeting Rooms

NZ\$ variable on service

User-pays on a per hour

More information included in this bulletin

Payment Deadlines

Two payments options are available to teams – 2-payments or 3-payments

	2-payments	3-payments
9 July	50%	40%
1 October	50%	40%
1 December		20%

Note: The 9 July 2025 payment will be considered reconfirmation of registration. The APLU Withdrawal of Participating Teams Policy will be invoked from 9 July.

Registration Form

A full registration form which outlines all information required, costs and due dates is provided as a separate document

2.0 Venue



New Zealand Campus of Innovation and Sport (NZCIS)

Somme Road
Trentham
Upper Hutt

New Zealand Campus of Innovation and Sport (NZCIS), Trentham, Upper Hutt is an innovative opportunity to locate this lacrosse tournament at the new home of high performance sport in Wellington.

Set in park like grounds, NZCIS is a world class facility for athletes, providing a wide range of state-of-the-art facilities including conferencing, accommodation, commercial office space and an impressive high-performance institute that was officially opened in June 2023.

The campus has been used as the home-base for the Swedish Women's National team at the FIFA Women's World Cup 2023; the English Rugby, Welsh Rugby, and Adelaide Football teams when visiting New Zealand; as well as the New Zealand All Blacks and Black Ferns Rugby teams.



NZCIS is a smoke/vape-free campus.



Fields 2 & 3 - Competition/Warm-up (6-12 January)

The sand based turf with a full hybrid surface is equipped with 200 Lux lights and 4 pan-tilt-zoom cameras. It also features a HUDL Focus Self-Tracking camera that allows for precise player tracking during games and practices.

Training prior to 6 January and 6-12 January depending on team demand

Field 4 Sand-based turf, providing an optimal playing surface. Illuminated with 200 Lux lights, the field ensures excellent visibility during evening practices. There are no dedicated cameras on this field. The field will not be marked up for lacrosse.

\$225/hour/team

Greenroom this indoor space provides a clear 50m x 70m, 18m height, training space with pre-marked areas for fitness testing at 5m intervals up to 60m. World leading sports technology including interactive play screens (7.5m x 9m). The Greenroom will not be marked up for lacrosse.

\$225/hour/team



3.0 Accommodation



Dorm rooms

There are 13 king single rooms across 13 wings. Each wing has 13 rooms, a shared bathroom with three toilets and three showers and a kitchenette and lounge. Onsite user-pays laundry available for dorm users.

Coaches and team staff may also be accommodated in apartments, king single/ double ensuite rooms depending on the size and gender mix of team staff.

Accommodation allocation

Teams will be allocated standard accommodation by the Event Manager and may include a combination of Village apartments and dorm rooms.

The allocation will take into account team size, gender mix of staff and availability of rooms.

Team accommodation allocation will be advised prior to arrival.

Accommodation before 5 January

Additional **standard** nights

NZ\$250/person/night

Includes breakfast, lunch & dinner



Accommodation upgrade

Teams can **ONLY** choose to upgrade to the Village apartments at the time of booking.

Teams cannot swap accommodation between early arrival and competition days.

Team accommodation allocation will be advised prior to arrival.

Once allocated, accommodation cannot be upgraded.

Accommodation Upgrade

(Limited availability)

+ NZ\$60/person/night

Upgrade for full team accommodation in Village Apartments

Additional upgrade nights before 5 January

NZ\$320/person/night

Includes breakfast, lunch & dinner
Twin Share. No single occupancy

Village Apartments

The Village apartments will be arranged for 2-persons - 2 king beds, bathroom, kitchenette, TV, WIFI, comfortable seating and small washing machine.



4.0 Catering & Relaxing



The on-campus catering team will provide breakfast, lunch and dinner for all teams and officials.

Meals will be served in this area daily on a schedule to align competition timings. Some dietary requirements will be accommodated.

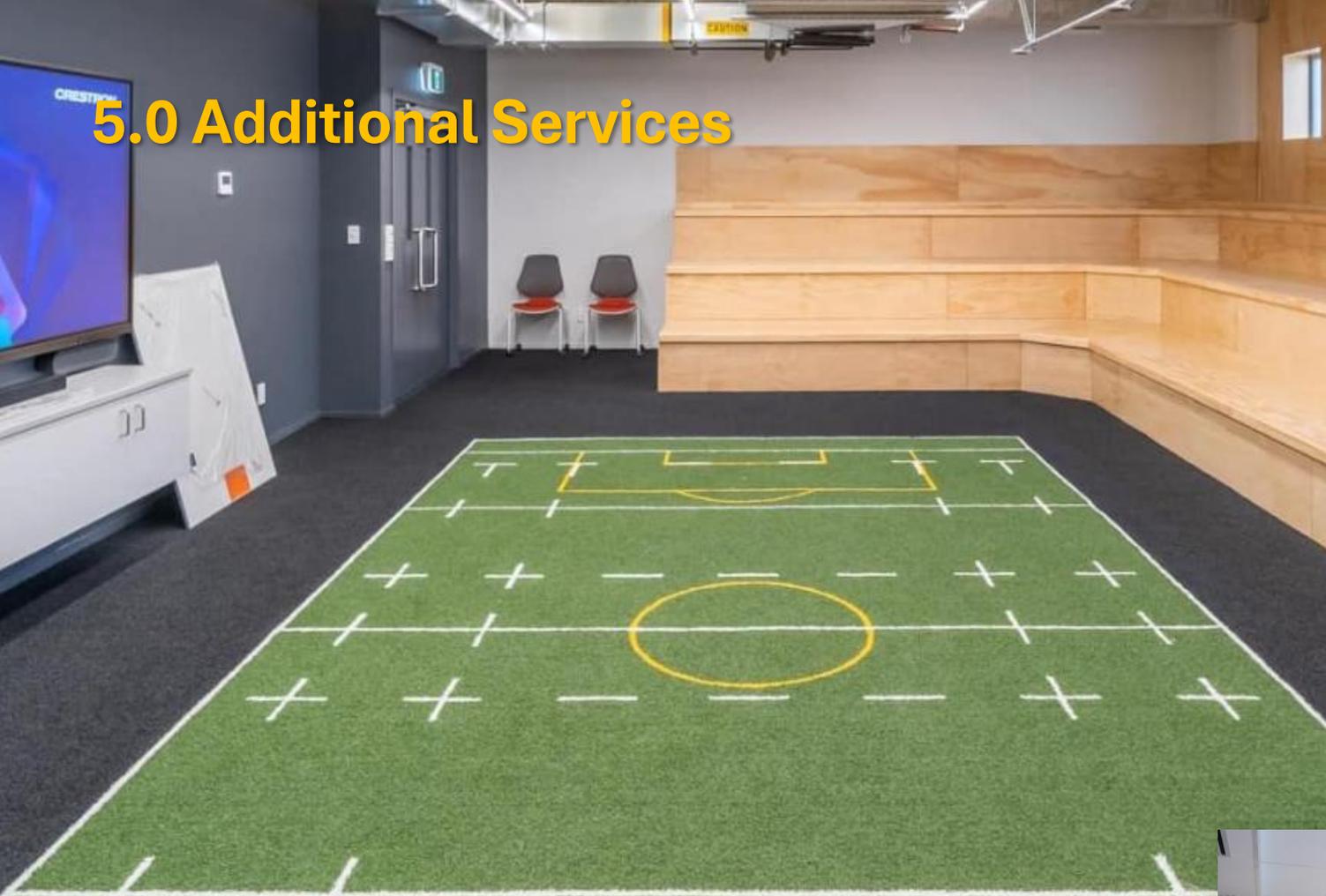
Each apartment and dorm wing includes a kitchenette which will enable teams to supplement meals with beverages and snacks.

The Village Lounge offers a space for all teams to relax and socialise. Including 4 x 65” televisions.

Outside is a 3x3 basketball court is available for team time-out and relaxation.

An onsite café will be open during the tournament for those wanting coffees or food in between provided meals.

5.0 Additional Services



Analysis bunker

The Analysis bunker is a purpose-built observation room which features interactive screens and football/rugby floor markings designed to observe and analyse games and athlete training sessions.

Tiered seating for teams, or loose furniture for varied seating.

AV solution with 85" interactive screen.

\$120/hour

Murray meeting room

The Murray meeting room, in the dining hall building, is also available for team use.

50 person capacity

2 projectors + screens

\$120/hour



Changing room included in Tournament fee

30-50 persons/change room
2-person Cold Plunge
2-person Hot or Cold Plunge
Physio Treatment Area
Nutrition Station
2 Accessible Bathrooms, 1 with baby change
5 Showers
4 Toilets
Access to Bottle Wash and Ice Machine

Available prior to 6 January

\$120/hour



Hot & Cold Plunge Pools + Sauna

Cold and hot plunge pools offer a multitude of invigorating benefits.

Infrared sauna

\$650/hour/team

Gym

1,000 sqm gym has state-of-the-art equipment including cardio, weights and specialist equipment.

\$650/hour/team

Watt Bikes

\$375/hour/team



6.0 Transport

FLIGHT ROUTE	DURATION
Singapore to Auckland/Christchurch	9.5 hours
Beijing / Hong Kong / Seoul / Taipei /Tokyo to Auckland	11 hours
Manilla to Auckland via Sydney	16 hours
Los Angeles/San Francisco to Auckland	15-18 shours
Sydney / Brisbane / Melbourne to Wellington	3 - 4 hours
Auckland / Christchurch to Wellington	1 hour / 45mins



Air Transport

Wellington International Airport is located 7km southeast of central Wellington. It is New Zealand’s third largest airport, handling more than 4.6 million passengers per annum. The airport is the major domestic hub in the national air transport system, as well as providing direct international services to Australia.

International Airlines

The following international carriers fly to Wellington either directly, via international transit through Australia or via New Zealand domestic connection.

Please refer Section 8.0 Visiting New Zealand for visa information.

Air New Zealand

International to Auckland with connection to Wellington from: Beijing, Hong Kong, Japan, Singapore, Shanghai, Taipei
Direct flights from Australia (Sydney & Brisbane).

Air China/China Eastern/Hainan

International connections from various China cities to Auckland with domestic connection to Wellington.

Cathay Pacific

International to Auckland with domestic connection to Wellington.

Korean Air

International to Auckland and Christchurch with domestic connection to Wellington from South Korea.

Philippine Airlines

International to Auckland with domestic connection to Wellington.

Singapore Airlines

International to Auckland with domestic connection to Wellington.

Qantas

Direct flights from Sydney, Brisbane & Melbourne.

Jetstar

Flights from Sydney, Brisbane & Melbourne to Auckland with connection to Wellington. Note direct flights from Sydney and Gold Coast only.

United Airlines

International to Auckland from Los Angeles or San Francisco with domestic connection to Wellington.

National Airlines

If you are flying domestically in New Zealand, we recommend you fly Air New Zealand.

Please note travel during January is in the peak summer period. We recommend you secure your air travel as soon as practicable.

Team Arrivals/Departures in Wellington

Teams are requested to book their Wellington flights on the following dates and times.

Arrival days:

30 December - 5 January

Arrival times:

9am - 5pm

Departure day:

12 January

Departure times:

10am - 1pm

Arrivals and departures outside of these days/times must be notified and approved by the Event Manager prior to flights being booked to ensure team transport can be provided.



Team Transport

Buses will be provided for teams on arrival from and departure from Wellington Airport to NZCIS are included in the Participation Fee.

Vans will be made available for all teams for the duration of the tournament on a booking system.

Public Transport

Rail Transport

Wellington Railway Station is the terminus for regular Metlink trains from Wellington to Upper Hutt.

NZCIS is located opposite the Heretaunga Train Station (5 mins).



Bus

Wellington City is served by Metlink buses. There are no bus options from Wellington to Upper Hutt, this route is provided by trains.

There is a bus which services Upper Hutt, the closest bus stop is 1km (15 mins) from NZCIS on Fergusson Drive.

8.0 Visiting New Zealand

NZ Visa Information

You may not need to apply for a Visitor Visa if you are from a visa waiver country.

Visa waiver countries and territories include:

- Hong Kong (residents with HKSAR or British National–Overseas passports only)
- Japan
- South Korea
- Taiwan (if you are a permanent resident)
- United States

<https://www.immigration.govt.nz/visit/what-you-need-to-visit-new-zealand/visa-waiver-countries-and-territories/>

If you are travelling on a passport from a country not on the waiver list, you will need to apply for a visa online. The Tournament Visa Guide Information has been provided to assist you in completing the application.

Applications should be made as soon as possible but no later than 3 months before travel.

<https://www.immigration.govt.nz/new-zealand-visas/visas/visa/visitor-visa>

Cost: From NZ\$441/person

NZeTA

You must request an NZeTA before you travel if you travel on a passport from a country on the list of visa waiver countries and territories.

<https://www.immigration.govt.nz/visas/new-zealand-electronic-travel-authority-nzeta/>

Cost: NZ\$17/person

New Zealand Traveller Declaration

Everyone entering New Zealand needs to submit a declaration.

- It is free and takes about 10 minutes.
- You can do it on the NZTD app or online form, using your phone or computer.

The earliest you can submit your declaration is 24 hours before you start your trip to New Zealand. It needs to be submitted by the time you reach passport control in New Zealand.

The New Zealand Traveller Declaration collects travel, customs, immigration and biosecurity information. It aims to improve the safety and security of New Zealand.

<https://www.travellerdeclaration.govt.nz/>

Transit Visas for other countries

You may need to apply for a Transit Visa from other countries if you are transiting through on your flights.

Australia

If you are not from an eligible transit without a visa (TWOV) country you will have to apply for a Transit Visa.

<https://immi.homeaffairs.gov.au/visas/getting-a-visa/visa-listing/transit-771#Overview>

Cost: Free

Australian permanent residents normally need an NZeTA.

Liability and Travel insurance

When coming to New Zealand, Teams must ensure that all of their members are appropriately insured, including coverage for travel, liability, accidents, and repatriation.

Some visa categories require you to hold insurance as a condition of your visa.

The LOC will provide only basic medical services in the venue.

Before you buy travel insurance, check what cover it provides. New Zealand has reciprocal health agreements with Australia.

[Reciprocal health agreements](#) – Te Whatu Ora Health New Zealand.

If you have an accident while in New Zealand The Accident Compensation Corporation (ACC) covers everyone, including visitors while in New Zealand, who are injured in an accident in New Zealand.

[Find out what injuries are covered | ACC](#)

Check COVID-19 cover

Before you buy travel insurance, we recommend you check what cover it provides for COVID-19-related events, including medical treatment, the cost of changing your travel arrangements or paying for accommodation if you need to isolate.

Insurance

All Team members must have appropriate accident and health insurance cover in order to compete.

Currency and payment in New Zealand

New Zealand's unit of currency is the dollar (NZD\$). All major credit cards are accepted in New Zealand, with Visa and Mastercard the most widely used. Many retailers in main centres also have Apple Pay.

Currency exchange

You can exchange foreign currency for New Zealand currency at banks, some hotels and Bureau de Change kiosks, which are in international airports and most city centres.

Banking

Bank opening hours in New Zealand vary, but branches are generally open from 9.30am to 4.30pm Monday to Friday. Some are also open during weekends. Automated Teller Machines (ATMs) are available at bank branches, along main shopping streets and in malls. International credit cards and ATM cards will work as long as they have a four-digit PIN encoded. Check with your bank before leaving home.

9.0 About ...



Weather

January in Wellington is officially the middle of summer.

Wellington is renowned for its wind. The region experiences frequent gusty northerlies, which gives Wellington a reputation for being one of the windiest cities in the world.

- Daily Average temperature: 20°C
- Average monthly rainfall: 59mm

Wellington - the “coolest little capital in the world”

Lonely Planet

Wellington is the capital city of New Zealand, located at the southern-most end of the North Island which has many cultural attractions. A lot of serious business gets done in Wellington, and not just in the world of politics.



Weta Workshop - Wellington City

Academy Award–winning special-effects and props company Weta Workshop has been responsible for bringing the likes of The Lord of the Rings, The Hobbit, King Kong, District 9 and Thor:Ragnarok to life. Learn how they do it on entertaining 45-minute guided tours, starting every half-hour; bookings recommended. There's also a tour to see the Thunderbirds Are Go miniatures stage. Weta Workshop is 36km from NZCIS.

<https://www.wetanz.com/>



Te Papa - Wellington City

New Zealand's national museum reflects the country's identity, history, and culture. It takes pride of place on Wellington's waterfront. The largest museum in the country takes pride of place on Wellington's waterfront. At 36,000 square metres and six stories high, it contains a vast repository of collections. It's home to

more than 800,000 artworks, objects, and specimens. It curates cutting-edge interactive exhibitions with a contemporary, and bicultural approach. Te Papa is a museum experience that's accessible to all.

<https://www.tepapa.govt.nz/>



Zealandia - Wellington City

This groundbreaking ecosanctuary is nooked into a valley in the hills about 2km west of downtown Wellington. Living wild within the fenced, predator-free habitat are more than 30 native bird species, including rare little spotted kiwi, takahe, saddleback, hibi and kaka, as well as NZ's little dinosaur, the tuatara. An excellent

exhibition relays NZ's natural history and world-renowned conservation story.

<https://www.visitzealandia.com/>



Brewtown - Upper Hutt

Brewtown is a one-stop for lovers of craft beer, hearty food, and entertainment. Spread across 6,000 sqm of Upper Hutt's former Dunlop Tyres site, Brewtown brings together some of the region's top breweries. Along with great eateries, there's a 4,500 sqm entertainment centre offering mini golf,

ice skating, paintball, ten-pin bowling, cart racing, and a trampoline park.

<https://www.brewtown.co.nz/>



New Year

New Year's Eve is celebrated in Wellington, often with fireworks at the waterfront. 1 & 2 January are public holidays so there will be few restaurants and cafes open.

Wellington Anniversary Day

Wellington Anniversary Day is traditionally celebrated on the closest Monday to January 22nd, which commemorates the arrival of the first settler ship, the Aurora, to Petone Beach. In 2026, this falls on Monday, January 19th.



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