



# ASIA-PACIFIC MEN'S LACROSSE CHAMPIONSHIP



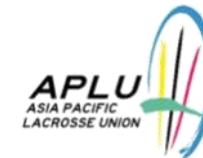
## 6-11 JANUARY 2026

NZ CAMPUS OF INNOVATION AND SPORT  
WELLINGTON, NEW ZEALAND

[APLACROSSE2026.COM](http://APLACROSSE2026.COM)



## TEAM BULLETIN 4 - Final



## IMPORTANT INFORMATION!

### Competition & Training Fields

We have changed the fields for both the competition and training.

**Field 1**, the premier field, will now be used for all our competition games.

**Field 4** will be the new training field.

**DO NOT** train on fields 2 & 3 as these are allocated to the resident Hurricanes rugby and Phoenix football teams.

### Practice balls

Practice balls will be provided on the training field for all teams to use and also warm-up balls on the competition field.

These must be left at the training field after each training session.

### Recovery Services

Access to these services during the tournament will be charged at these higher rates and are dependent upon bookings received and confirmed prior to the tournament.

Bookings can be made at Tari - the Tournament Office.

### Ice baths

Single-person ice baths are provided in each changing room.

Team cold pools are available for a fee in the Performance Institute. Bookings can be made at Tari - the Tournament Office.

### Massage tables

There are massage tables in the change rooms which teams can use during their allocated time.

Outside of those times, the rooms can be booked by teams. We will ensure equitable access to these spaces for all teams wanting to use them.



### Water, ice & hydration

We are actively reducing waste from this tournament so we are discouraging teams from buying single-use bottled water.

Tap water in New Zealand is safe to drink.

A 650ml reusable souvenir water bottle will be provided to all team members for use during the tournament.

**Drinking water** is available at the Field Office. Ice is available onsite and will be provided for teams field-side.

Each team will be provided a free **25lt water** container for the duration of the tournament.

**Electrolyte powder** will also be provided to each team at no charge.



**The entire NZCIS campus is a NO Smoking or Vaping facility**, including in the whakanoho accommodation.

Any team member who breaches this policy may be **fined NZ\$500** and prohibited from the campus for the remainder of the tournament.

# Pōwhiri - Opening Ceremony

**8:00 am**  
**Tuesday 6 January**



A pōwhiri is a Māori welcoming ceremony, involving whaikōrero (formal speeches), waiata (singing) and kai (food).

Confirm the 2 members from each kapa (team) (at least 1 athlete) who will join the official representatives of the manuhiri (visitors.)

**Please be seated in the Greenroom no later than 15 minutes prior to the start.**



NZCIS and the competition venue are adjacent to the Trentham Army Camp. The use of drones may be limited as there is restricted airspace around the Army Camp.

We are seeking clarification of where the restricted airspace covers and if necessary, seeking authorisation for drone use during the tournament, but please be aware authorisation is at the discretion of the NZ Defence Force.

**Please advise by 24 December if you are considering using a drone.**



**We are proud to announce that spectator access to the tournament at NZCIS is being provided free. No tickets are required.**



## Live streaming

For spectators who are unable to join us in person, they can still enjoy the games via our live streaming coverage, broadcast through WLTU.

<https://tv.worldlacrosse.sport/>

Fee - **US\$20.00** per subscription for the entire tournament coverage.

**#2026APMLC**

**For social media posts, we ask that you please include the tournament hashtag**

## souvenir hat & t'shirt



Limited souvenir hats & t'shirts are available for purchase at the tournament.

**hat NZ\$30**

**t'shirt NZ\$40**

### Payment options

- Cash
- Bank transfer for NZ bank account holders
- Debit/credit card pre-pay at NZCIS Reception. This option will incur a surcharge.

Team orders can be invoiced but must be approved by the Team Manager.

Orders for additional souvenirs after the tournament will be accepted until 31 January. These orders will incur Postage & Packaging fees. For small parcels

- Australia NZ\$10
- Rest of World NZ\$15

## Kai - food

### Teams & officials meals

Meals will be provided 3 times per day in the wharekai (dining hall) providing a range of hot and cold options.

**Breakfast: 6.30am - 9.30am**

**Lunch: 11.30pm - 2.30pm**

**Dinner: 5:30pm - 8:30pm**

“Paper bag” lunches will be provided for teams playing the 1pm games.

To accommodate all teams, meal times will be rostered to ensure teams playing after meal times have sufficient time to eat and prepare for games.

The Village Lounge, for rest and relaxation, will include a snack area.

Departure day meal-times will differ to accommodate the transport logistics to get all the teams, officials and volunteers to the airport.

**Access to the wharekai for meals will require lanyards to be presented.**

**Please do not be offended if you are asked to show this to the catering team**

**Tuki, the onsite toa kawhe (café) will be open during the whakataetae for those wanting coffees or kai in between games.**

### Accommodation kitchenette facilities

Each dorm wing includes a kitchenette (including a fridge) which will enable tūao volunteers to supplement kai with beverages and snacks.

### Closing Function - BBQ

The final evening meal of the tournament will be a BBQ in traditional “Kiwi” style. BBQ meats, summer ham, salads and the original Kiwi pavlova.

**Cash Bar: 6.00pm - 10.00pm**

**BBQ: 7.00pm - 9.00pm**



## Supermarket/shops

NZCIS does not have any shops or vending machines on site.



The tournament is proudly supported by the Upper Hutt Pak'nSave supermarket.

Pak'nSave is a 10min drive from NZCIS.

## Towels

Towels are provided in the accommodation for personal daily use.

Extra clean training/competition towels are available for hire. **NZ\$2.50/towel/day.**

Bookings can be made at Tari - the Tournament Office.

## Laundry services

Each apartment has small washer/dryer for personal items. **DO NOT** use for team uniforms.

For team uniforms please use the commercial self-service laundry located 850m (10 mins) from the campus.



Trentham Mini Mart  
7 Camp Street  
Heretaunga  
Open 24 hours/7 days

<https://liquidlaundromats.com/nz/locations/trentham/>

**Prices range from NZ\$4.00-\$12.00 / load**

Users require a Liquid Card. This card can be purchased and topped up on site.



NZ\$1 to purchase your Liquid Card (one off charge)

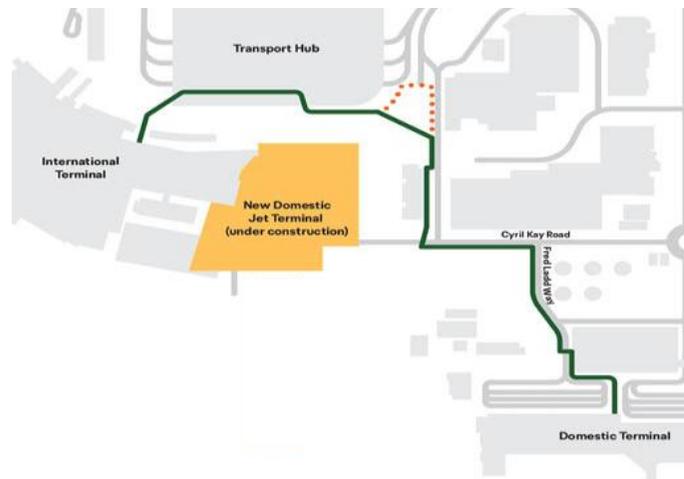
Top up in NZ\$10.00 increments up to max NZ\$150.00

Packets of laundry capsules can be purchased from Tari - the Tournament Office NZ\$25.00.

# Airport Information

## Auckland Airport inter-terminal bus

A **free inter-terminal** bus service operates every 15 minutes between 5am and 11pm, with the trip taking approximately ten minutes. At the international terminal, the bus leaves from Bus Stop B at the Transport Hub, At the domestic terminal, outside Door 2 from Bus Stop C.



## Walking between Terminals

Stretch your legs and get some fresh air by following the **green line walkway** between terminals.

The 950m walkway is well marked with improved shade and shelter, and, in most places, follows a green line on the footpath. The route takes about 10 to 15 minutes.

## Wellington Airport meeting point

Once you have collected your luggage, please make your way to the **meeting point which is the Information Centre located adjacent to the baggage claim on the Ground Floor.**

Teams will be transported to NZCIS by bus.



## Team Transport

Vans will be available for use during the tournament on a booking system.

Teams can book a team transport van with driver for shopping/laundry trips.

Bookings can be made at Tari - the Tournament Office. We ask that you book in advance as the volunteer drivers will also be working in other roles during the tournament.

# Public Transport

26 December 2025 - 11 January 2026  
**Buses replacing trains**



**Hutt Valley Line**

Manor Park station is served by a shuttle via Silverstream Station.

Friday 26 December 2025 - Sunday 11 January 2026

Buses replace all services between Wellington and Upper Hutt

## Bus

Wellington City is served by Metlink buses. Buses will replace the usual trains between Wellington to Upper Hutt, for the duration of the tournament.

The closest station is Heretaunga Station which is opposite NZCIS on Sommes Rd.

Route 83 from Wellington to Lower Hutt and then Route 110 to Fergusson Drive Barton Road Stop #9466, approximately 1km (15 mins walk) from NZCIS.



Snapper is an electronic payment card that provides public transport customers with a faster, cheaper, and more flexible payment and travel option.

Snapper cards can be purchased from many locations.

<https://www.metlink.org.nz/getting-started/>

# NZCIS Campus

**Tomokanga**  
Pedestrian Entrance Gate 2

**P** Papawaka  
Spectator Parking on Somme Rd

**PRIVATE PARKING**  
UNAUTHORIZED VEHICLES WILL BE TOWED AT OWNER'S EXPENSE

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Scoreboard  
Camera

**Papa tākaro**  
Competition Field

Teams/Bench/Spectators

Spectator Entrance

Field Office  
Toilets

Team Entrance

Port-a-loos

**NO PARKING**

**Mixed Zone**  
Toa Kawhe  
Cafe

Wharekai  
Dining Hall

**Wharenoho**  
Athlete and Official Village  
No Public Access inside Village

Pōwhiri in  
Greenroom

Ruma  
whakawhiti  
Change room

Tari  
Office  
Village Lounge

**Out of Bounds**

Field Office  
Toilets

**Papa tākaro**  
Training Field

**P** Papawaka  
Volunteer & Official  
Parking Only

Team Entrance

**NO PARKING**

**NO PARKING**

**NO ONE WAY PARKING**



ASIA PACIFIC  
LACROSSE  
MEN'S CHAMPIONSHIP  
WELLINGTON, NZ | 2025

# SCHEDULE

POOL PLAY	<b>TUESDAY</b> 6 JAN	GAME #1 POOL A <b>NZL v AUS</b> 10AM	GAME #2 POOL B <b>JPN v HKG</b> 1PM	GAME #3 POOL B <b>PHI v CHN</b> 4PM	<b>POOL A</b> AUSTRALIA NEW ZEALAND KOREA
	<b>WEDNESDAY</b> 7 JAN	GAME #4 POOL B <b>JPN v CHN</b> 10AM	GAME #5 POOL A <b>NZL v KOR</b> 1PM	GAME #6 POOL B <b>HKG v PHI</b> 4PM	
	<b>THURSDAY</b> 8 JAN	GAME #7 POOL B <b>HKG v CHN</b> 10AM	GAME #8 POOL B <b>JPN v PHI</b> 1PM	GAME #9 POOL A <b>AUS v KOR</b> 4PM	
PLAY-IN	<b>FRIDAY</b> 9 JAN	GAME #10 PLAY-IN <b>A2 v B3</b> 10AM	GAME #11 PLAY-IN <b>B2 v A3</b> 1PM	<b>POOL B</b> JAPAN HONG KONG, CHINA PHILIPPINES CHINA	
	SEMIFINALS & PLACEMENT	<b>SATURDAY</b> 10 JAN	GAME #12 SEMIFINAL 1 <b>B1 v WG10</b> 9AM	GAME #13 SEMIFINAL 2 <b>A1 v WG11</b> 12PM	GAME #14 5TH PLACE <b>LG10 v LG11</b> 3PM
<b>SUNDAY</b> 11 JAN		GAME #15 6TH PLACE <b>LG14 v B4</b> 9AM	GAME #16 <b>BRONZE</b> 12PM	GAME #17 <b>GOLD</b> 3PM	APLU ASIA PACIFIC LACROSSE UNION WORLD LACROSSE
				<b>MEDAL GAMES</b>	

# TOURNAMENT CREW

## ORGANISING COMMITTEE

Debra Cowen

Catriona McBean

## INTERNATIONAL REPRESENTATIVES

Ursula Johnson (WL)

Warren Allderige (APLU)

Bill Hollins (APLU)

Albert Lai (APLU)

## OFFICIALS & EDUCATORS



AUSTRALIA

Bradley Edwards

Steve Green

Adam Holmes

James Suffolk



CANADA

Adam Crowe

Ryan Nose



GERMANY

Alex Frey



HONG KONG, CHINA

Michael Tse



JAPAN

Kota Ito

Yusuke Kato



KOREA

DongJun Kim

Soo Kyung Kim

Wonki Park



NETHERLANDS

Jasper van der Horst



NEW ZEALAND

John Brockelbank



SCOTLAND

Rob Powell

## VOLUNTEERS

Jay Badenhorst

Luke Badenhorst

Michael Barclay

Thomas Bentley

Bianca Cave

Daniel Cave

Logan Cave

Sam Denize

Candela Familiar

Andy Hung

Anna Lawson

Nate Lawson

Eamon Lesperance

Andy McNeil

Gill Nash

Ashton Perrett

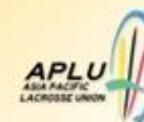
Cilla Rasmussen

Lucas Sanz

Liz Seager

Kieran Snape

Ash Stephens



# Wharenoho site map

**Field 1**  
**Athlete Entrance**

**Toa Kawhe**  
**Cafe**

**Wharekai**  
**Dining Hall**

**Hot/Cold**  
**Pools**

**Gym**

**Ruma**  
**Whakawhiti**  
**Changing Rooms**

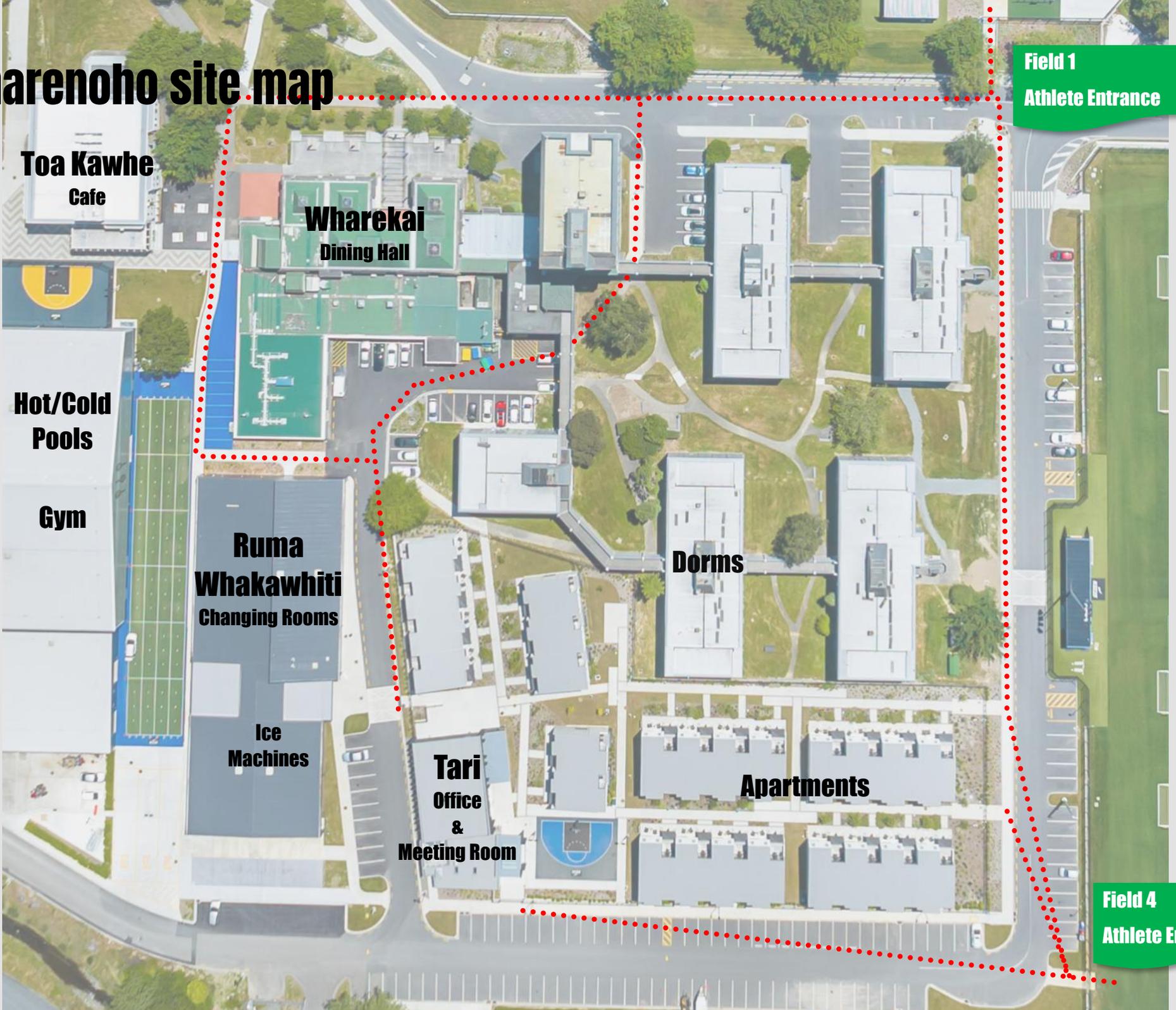
**Ice**  
**Machines**

**Tari**  
**Office**  
**&**  
**Meeting Room**

**Dorms**

**Apartments**

**Field 4**  
**Athlete Entrance**



# Field & Change room allocations



# 5 January Training Day Field Allocation

	Training Field	Competition Field
9am		No friendly games on competition field
10am	AUS	No access before 11am
11am	HGK	AUS
12pm	JPN	HGK
1pm		JPN
2pm	PHI	CHN
3pm	CHN	PHI
4pm	NZL	KOR
5pm	KOR	NZL
6pm		

Teams are asked to move quickly and efficiently between the 2 fields to keep to this schedule.

We recommend factoring in a 10 minute transition between the fields in your training planning

Training balls will be supplied each day. Please return balls at the end of training.

# Training Field 4

	3-Jan \$250/hr	4-Jan \$250/hr	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am								B1 v PI1 w	6 <sup>th</sup> / 7 <sup>th</sup>
8am				NZL/AUS	JPN/CHN	HKG/CHN	A2 v B3		
9am									
10am			AUS					A1 v PI2 w	Bronze
11am		PHI	HKG	JPN/HKG	NZL/KOR	JPN/PHI	B2 v A3		Medal
12pm			JPN						
1pm	JPN	JPN						PI1 l v PI2 l	GOLD
2pm			PHI	PHI/CHN	HKG/PHI	AUS/KOR			Medal
3pm	HGK	HGK	CHN						
4pm			NZL	KOR					
5pm			KOR						
6pm									
7pm						JPN		JPN	
8pm									
9pm									

# Competition Field

	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am	/						
8am							
9am							
10am							
11am	AUS	NZL/AUS	JPN/CHN	HKG/CHN	A2 v B3	B1 v PI1 w	6 <sup>th</sup> / 7 <sup>th</sup>
12pm	HGK					A1 v PI2 w	Bronze Medal
1pm	JPN	JPN/HKG	NZL/KOR	JPN/PHI	B2 v A3		
2pm	CHN						
3pm	PHI					PI1 l v PI2 l	GOLD Medal
4pm	KOR	PHI/CHN	HKG/PHI	AUS/KOR			
5pm	NZL						
6pm							
7pm							
8pm							
9pm							

# Tahi - Change Room 1

	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am		Cleaning			Cleaning		
8am		<b>NZL</b>	<b>JPN</b>	<b>CHN</b>	<b>A2 winner</b>	<b>B1</b>	<b>6th</b>
9am							
10am							
11am							
12pm						Cleaning	Cleaning
1pm		Cleaning	Cleaning	Cleaning	Cleaning		
2pm	<b>Official's Workshop</b>	<b>PHI</b>	<b>HKG</b>	<b>AUS</b>		<b>PI1 loser</b>	<b>SF1 loser</b>
3pm							
4pm							
5pm							
6pm						Cleaning	
7pm							
8pm		<b>KOR</b>					
9pm							

# Rua - Change Room 2

	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am			Cleaning	Cleaning	Cleaning	PI1 winner	7th
8am		AUS	CHN	HKG	B3		
9am							
10am							
11am						Cleaning	Cleaning
12pm							
1pm		Cleaning	Cleaning	Cleaning	Cleaning	PI2 loser	SF2 winner
2pm		CHN	PHI	KOR			
3pm					NZL		
4pm	NZL						
5pm							
6pm							
7pm							
8pm	COACHES						
9pm							

# Toru - Change Room 3

	3-Jan \$130/hr	4-Jan \$130/hr	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am						Cleaning	Cleaning	Cleaning	Cleaning
8am									
9am									
10am					NZL				
11am				JPN	NZL	JPN			
12pm				JPN	NZL	JPN	B2	A1	3rd
1pm				JPN	NZL	JPN			
2pm			HGK	JPN	NZL	JPN			
3pm				JPN	NZL	JPN			
4pm									
5pm	HGK	HGK							
6pm									
7pm									
8pm									
9pm									

# Wha - Change Room 4

	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am			Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
8am							
9am							
10am					A3	PI2 winner	4th
11am		HGK	KOR	PHI			
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm	NZL						
7pm							
8pm							
9pm							

# Recovery Pools

	3-Jan	4-Jan	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am									
8am									
9am									
10am								<i>PHI TBC</i>	<i>PHI TBC</i>
11am							<i>PHI TBC</i>		
12pm				<b>AUS</b>		<b>HKG</b>			
1pm								<i>PHI TBC</i>	<i>PHI TBC</i>
2pm							<i>PHI TBC</i>	<b>AUS</b>	
3pm				<b>HKG</b>		<b>PHI</b>			
4pm								<i>PHI TBC</i>	
5pm									
6pm				<b>PHI</b>	<b>PHI</b>	<b>AUS</b>			
7pm					<b>HKG</b>				
8pm									
9pm							<i>PHI TBC</i> dependent upon draw for these days		

# Gym

	3-Jan	4-Jan	5-Jan Training Day	6-Jan Pool Day 1	7-Jan Pool Day 2	8-Jan Pool Day 3	9-Jan Play-in	10-Jan Semi-Finals	11-Jan Finals
7am									
8am									
9am									
10am	HKG	HKG							
11am									
12pm									
1pm									
2pm									
3pm									
4pm									
5pm									
6pm									
7pm									
8pm									
9pm									



# ASIA-PACIFIC

MEN'S LACROSSE CHAMPIONSHIP



**6-11 JANUARY 2026**

**NZ CAMPUS OF INNOVATION AND SPORT  
WELLINGTON, NEW ZEALAND  
APLACROSSE2026.COM**



Tournament Host



**2026**  
ASIA-PACIFIC MEN'S  
LACROSSE CHAMPIONSHIP  
WELLINGTON, NEW ZEALAND

Contact Person

**Dr Catriona McBean**

Event Manager

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